

## **If you are interested in offering your time and talents....**

Bedford Domestic Violence Services offers many volunteer opportunities for organizations, civic groups, and church groups to complete special projects such as:

- adopt-a-room
- gardening
- hosting a birthday party
- organizing food, toiletry, or cell phone drives
- supporting fundraising events
- using your group's individual skills

We are always looking for volunteers/interns to join our staff. In order to become a volunteer/intern you must first fill out an application and submit it to our program. Someone from our program will contact you. The training process is more extensive depending on the level of interaction with clients.

**Level One**, for volunteers not expected to have direct client contact, **4 hours of training required**  
**Examples of volunteer work:** administrative/office work, donation management, general office housekeeping, organizing fundraisers

**Level Two**, for volunteers expected to have minimal client contact, **20 hours of training required**  
**Examples of volunteer work:** public awareness volunteers, child care providers, children's activities

**Level Three**, for volunteers interested in providing direct client services, **32 hours of training required**  
**Examples of volunteer work:** answering hotline calls, shelter support, support group facilitators, court accompaniment

The following topics are covered in the Bedford Domestic Violence Services Training Program:

- History, philosophy, and structure of Bedford Domestic Violence Services
- History of the Battered Women's Movement
- Program's policies and procedures
- Definition and dynamics of domestic violence
- Empowerment, advocacy, communication, and crisis intervention skills
- Community resources
- Legal information regarding domestic violence
- General ethical standards related to human services

For more information on volunteering please contact us at 540-587-0970 or e-mail at [BDVS@co.bedford.va.us](mailto:BDVS@co.bedford.va.us)

[Download Volunteer Application](#)